

Ov. Pos	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos
1	244	RYAN MOORE	M	MSEN	VALE ROYAL AC	00:52:28	00:52:28		1	1	1
2	38	JAMES BARTLEY	M	MSEN	STOCKPORT HARRIERS & AC	00:52:48	00:52:47		2	2	1
3	376	BENJAMIN COOP	M	MSEN	BURY ATHLETIC CLUB	00:52:56	00:52:55		3	3	1
4	225	JOSHUA BIRMINGHAM	M	MSEN	SALFORD HARRIERS & AC	00:53:02	00:53:01		4	4	1
5	10	CHRISTOPHER GIDLOW	M	MV40	CITY OF STOKE AC	00:54:28	00:54:27		5	1	1
6	262	GREG HOPKINSON	M	MSEN	MATLOCK ATHLETIC CLUB	00:54:54	00:54:54		6	5	1
7	139	FRASER MACDONALD OULDS	M	MSEN	CHORLTON RUNNERS	00:55:01	00:55:01		7	6	1
8	235	RICHARD COEN	M	MV45	WILMSLOW RUNNING CLUB	00:55:08	00:55:08		8	1	1
9	396	JOE GODWOOD	M	MSEN	SALE HARRIERS MANCHESTER	00:55:32	00:55:31		9	7	1
10	176	JONATHAN O'DONNELL	M	MSEN	CHORLTON RUNNERS	00:56:39	00:56:38		10	8	2
11	437	STEPHEN MCCARRON	M	MV45	SALE HARRIERS MANCHESTER	00:56:50	00:56:46		11	2	2
12	363	JAMES LEWIS	M	MV45		00:57:00	00:56:59		12	3	
13	213	PHIL LARRATT	M	MSEN	CHORLTON RUNNERS	00:57:02	00:57:01		13	9	3
14	381	JAMES NICHOLLS	M	MSEN	WREXHAM AAC	00:57:09	00:57:08		14	10	1
15	167	MATTHEW SMITH	M	MSEN	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:57:35	00:57:35		15	11	1
16	56	MARK COLLIER	M	MV45	SALFORD HARRIERS & AC	00:58:02	00:58:01		16	4	2
17	47	MICHAEL WHITHAM	M	MSEN	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	00:58:10	00:58:08		17	12	1
18	28	SALLY O'GORMAN	F	FSEN	STOCKPORT HARRIERS & AC	00:58:14	00:58:12	1		1	1
19	383	MATTHEW SANT	M	MSEN	STOCKPORT HARRIERS & AC	00:58:28	00:58:25		18	13	2
20	173	ALEC FRANCIS	M	MSEN	STOCKPORT HARRIERS & AC	00:59:18	00:59:17		19	14	3
21	559	ANDREW STEEL	M	MSEN		00:59:26	00:59:26		20	15	
22	16	MATTHEW HARRISON	M	MV45	SALE HARRIERS MANCHESTER	00:59:47	00:59:44		21	5	3
23	61	PAUL BROOKS	M	MV45	STOCKPORT HARRIERS & AC	00:59:54	00:59:52		22	6	4
24	497	JOE CLEVERLEY	M	MSEN	HYDE VILLAGE STRIDERS	01:00:12	01:00:11		23	16	1
25	234	ALICE WRIGHT	F	FSEN	SALE HARRIERS MANCHESTER	01:00:24	01:00:22	2		2	1
26	435	RICHARD EDWARDS	M	MV45	SALE HARRIERS MANCHESTER	01:00:28	01:00:24		24	7	4
27	502	STEVEN MALONE	M	MSEN		01:00:33	01:00:26		25	17	
28	393	ROBIN HORNER	M	MV45	EAST CHESHIRE HARRIERS & TAMESIDE AC	01:00:49	01:00:47		26	8	2
29	109	LUKE DONALD	M	MSEN	CHORLTON RUNNERS	01:00:52	01:00:51		27	18	4
30	53	LAURA HESKETH	F	FV40	CLAYTON-LE-MOORS HARRIERS	01:00:59	01:00:58	3		1	1
31	688	AARON SHEPHERD	M	MSEN		01:01:07	01:01:05		28	19	
32	449	STEPHEN HUMPHRIES	M	MV50	STOCKPORT HARRIERS & AC	01:01:14	01:01:09		29	1	5
33	201	JAMES MUMFORD	M	MV40	PENISTONE FOOTPATH RUNNERS & ATHLETIC CLUB	01:01:17	01:01:15		30	2	1
34	57	JONATHON KNIGHT	M	MV45	STOCKPORT HARRIERS & AC	01:01:19	01:01:14		31	9	6
35	6	DOMINIQUE SEARLE	F	FV45	CHESHIRE DRAGONS	01:01:23	01:01:20	4		1	1
36	436	PETER SHIPLEY	M	MSEN	SALE HARRIERS MANCHESTER	01:01:29	01:01:23		32	20	5
37	277	TOM REEVE	M	MSEN		01:01:37	01:01:30		33	21	
38	524	JAMES PATTISON	M	MV40	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	01:01:44	01:01:40		34	3	2
39	357	ANDREW BROOKSHAW	M	MV40	HELSEBY RUNNING CLUB	01:01:54	01:01:53		35	4	1
40	797	GARETH RAVEN	M	MV45	EAST CHESHIRE HARRIERS & TAMESIDE AC	01:01:56	01:01:49		36	10	3
41	468	PHIL CARPENTER	M	MSEN	STOCKPORT HARRIERS & AC	01:01:58	01:01:53		37	22	7
42	129	MALCOLM JOHNSON	M	MV45	STOCKPORT HARRIERS & AC	01:02:05	01:02:03		38	11	8
43	373	DAVID BURGESS	M	MSEN	TOTAL RUN TRAINING	01:02:10	01:02:07		39	23	1
44	348	CRAIG JEFFERY	M	MV50	DARK PEAK FELL RUNNERS	01:02:21	01:02:17		40	2	1
45	74	PETER WILLIAMS	M	MSEN	WILMSLOW STRIDERS	01:02:31	01:02:27		41	24	1
46	212	FRANK HAMILTON	M	MV40	GLOSSOPDALE HARRIERS	01:02:35	01:02:33		42	5	1
47	708	ROBERT JACKSON	M	MSEN	WILMSLOW RUNNING CLUB	01:02:43	01:02:40		43	25	2
48	592	JAMES SPEEDIE	M	MV40	WILMSLOW RUNNING CLUB	01:02:49	01:02:45		44	6	3
49	499	JACOB EASTWOOD	M	MSEN	EAST CHESHIRE HARRIERS & TAMESIDE AC	01:02:57	01:02:55		45	26	4

50	641	THOMAS JOHNSON	M	MSEN	STOCKPORT HARRIERS & AC	01:03:01	01:02:56		46	27	9
51	204	PAUL ARMSTRONG	M	MV40	STOCKPORT HARRIERS & AC	01:03:26	01:03:21		47	7	10
52	560	HARRY HAMMON	M	MSEN	BRAMHALL RUNNERS	01:03:29	01:03:20		48	28	1
53	58	JON TERRY	M	MV50	SALE HARRIERS MANCHESTER	01:03:37	01:03:34		49	3	6
54	646	PAUL ROGERS	M	MV40	HYDE VILLAGE STRIDERS	01:03:43	01:03:39		50	8	2
55	402	RICHARD JACKSON	M	MV40	SWINTON RUNNING CLUB	01:03:43	01:03:37		51	9	1
56	530	ANDY SYKES	M	MV40	EAST CHESHIRE HARRIERS & TAMESIDE AC	01:04:04	01:04:01		52	10	5
57	339	CHRISTOPHER TOPPING	M	MV40	SALE HARRIERS MANCHESTER	01:04:15	01:04:11		53	11	7
58	82	DARREN SHEPHERD	M	MV45	SADDLEWORTH RUNNERS CLUB	01:04:16	01:04:08		54	12	1
59	281	AMY WEYERS	F	FSEN	CHORLTON RUNNERS	01:04:25	01:04:21	5		3	1
60	643	PAUL OAKLEY	M	MV55	GOYT VALLEY STRIDERS	01:04:27	01:04:18		55	1	1
61	96	AIDAN MCGLOIN	M	MSEN		01:04:41	01:04:38		56	29	
62	215	DANIEL HUNT-EARLE	M	MSEN		01:04:49	01:04:46		57	30	
63	356	ADAM SELBY	M	MSEN		01:04:54	01:04:47		58	31	
64	183	MARTA COSP	F	FSEN	CHORLTON RUNNERS	01:04:56	01:04:51	6		4	2
65	250	ADAM BURNETT	M	MSEN	CHORLTON RUNNERS	01:04:57	01:04:45		59	32	5
66	427	RICHARD HARRISON	M	MV50	WILMSLOW RUNNING CLUB	01:05:11	01:05:07		60	4	4
67	570	DAVID HATCH	M	MSEN		01:05:12	01:05:06		61	33	
68	663	MATTHEW ALLEN	M	MV40	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	01:05:17	01:05:13		62	12	3
69	647	MICHAEL GERARD HUDSON-DAVIE	M	MSEN		01:05:20	01:05:13		63	34	
70	553	LEO LOUGHRAN	M	MV40	SALFORD HARRIERS & AC	01:05:29	01:05:28		64	13	3
71	577	TOM STRATTON	M	MV40	BURNDEN ROAD RUNNERS	01:05:41	01:05:34		65	14	1
72	550	PAUL WILLIAMS	M	MV45		01:05:48	01:05:41		66	13	
73	591	CHRISTOPHER LYDON	M	MV60	KENT AC	01:05:56	01:05:28		67	1	1
74	374	JENNIFER BADGER	F	FSEN	PRESTWICH AC	01:05:56	01:05:54	7		5	1
75	253	ANDREW CARLSON	M	MSEN	CHORLTON RUNNERS	01:05:58	01:05:47		68	35	6
76	542	PHILIP MOYLE	M	MV40	CHORLTON RUNNERS	01:05:59	01:05:48		69	15	7
77	679	TOM OTTLEY	M	MSEN		01:06:00	01:04:50		70	36	
78	194	MIKE O-CONNOR	M	MV50	BLACKLEY NORTH MANCHESTER AC	01:06:14	01:06:07		71	5	1
79	539	LEWIS JONES	M	MV40	WILMSLOW RUNNING CLUB	01:06:15	01:06:11		72	16	5
80	321	MATTHEW HASLAM	M	MSEN		01:06:18	01:06:15		73	37	
81	247	TOM STUART	M	MSEN		01:06:28	01:06:23		74	38	
82	419	MATTHEW TAYLOR	M	MV45	WILMSLOW RUNNING CLUB	01:06:39	01:06:35		75	14	6
83	49	PHIL SWINDELLS	M	MV55	BOWLAND FELL RUNNERS	01:06:39	01:06:35		76	2	1
84	434	RACHEL BROWN	F	FSEN	CHORLTON RUNNERS	01:06:43	01:06:32	8		6	3
85	582	SIMON PICKERING	M	MSEN		01:06:51	01:06:43		77	39	
86	76	JAMES BRABAN	M	MSEN	CHORLTON RUNNERS	01:06:53	01:06:41		78	40	8
87	43	ROGER THOMAS	M	MV50	CHORLTON RUNNERS	01:06:56	01:06:52		79	6	9
88	7	JORDAN PEEKS	M	MV40		01:07:04	01:06:59		80	17	
89	574	VIC WALSH	M	MV45	BELLE VUE RACERS	01:07:08	01:07:06		81	15	1
90	657	LAURIE SAGE	M	MV40	LEVENSHULME RUNNERS	01:07:17	01:06:52		82	18	1
91	156	JAMES HALL	M	MSEN	FAT LADS RUN	01:07:22	01:06:39		83	41	1
92	485	PAUL WRAITH	M	MV40		01:07:23	01:07:03		84	19	
93	372	MIKE NOLAN	M	MV50		01:07:23	01:07:17		85	7	
94	475	MATT SHICKELL	M	MV45	SANDBACH STRIDERS	01:07:28	01:07:20		86	16	1
95	505	THOMAS ROBshaw	M	MV40		01:07:30	01:07:27		87	20	
96	461	DAN MARTELL	M	MSEN	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	01:07:51	01:07:46		88	42	4
97	482	JOHN AGNEW	M	MV40	FYLDE COAST RUNNERS	01:07:56	01:07:53		89	21	1
98	578	BRUCE ROBERTS	M	MSEN		01:08:04	01:07:55		90	43	
99	193	FRAZER SWINDELLS	M	MSEN		01:08:11	01:08:07		91	44	

100	705	ROB MCMURDO	M	MSEN	STOCKPORT HARRIERS & AC	01:08:12	01:08:06		92	45	11
101	36	PHILLIP SHORE	M	MV50		01:08:13	01:07:59		93	8	
102	229	DANIEL MARTIN	M	MSEN	SWINTON RUNNING CLUB	01:08:17	01:08:11		94	46	2
103	350	ALICE STILES	F	FSEN	MANCHESTER HARRIERS & AC	01:08:20	01:08:15	9		7	1
104	349	ED FAZAKERLEY	M	MV50	MANCHESTER HARRIERS & AC	01:08:21	01:08:16		95	9	1
105	389	ANDREW ARMSTRONG	M	MV50	BELLE VUE RACERS	01:08:26	01:08:06		96	10	2
106	333	FRANCES KENNEY	F	FV40	WILMSLOW RUNNING CLUB	01:08:36	01:08:25	10		2	1
107	200	MATTHEW SMITH	M	MSEN	STOCKPORT HARRIERS & AC	01:08:45	01:08:35		97	47	12
108	669	DARREN DONALD	M	MV45	STOCKPORT HARRIERS & AC	01:08:52	01:08:43		98	17	13
109	131	BRETT RAFFERTY	M	MSEN		01:09:03	01:08:58		99	48	
110	149	MENG CHONG LEONG	M	MSEN	DIDSBURY RUNNERS	01:09:11	01:08:28		100	49	1
111	104	DYLAN EVANS	M	MSEN		01:09:15	01:09:02		101	50	
112	541	BEN OSULLIVAN	M	MSEN		01:09:19	01:09:10		102	51	
113	401	CHRISTIAN WALLER	M	MV45	ROSSENDALE HARRIERS & AC	01:09:25	01:09:22		103	18	1
114	433	TOM ALMOND	M	MSEN	CHORLTON RUNNERS	01:09:32	01:09:20		104	52	10
115	97	SEBASTIAN BATE	M	MSEN	CHORLTON RUNNERS	01:09:33	01:09:21		105	53	11
116	596	BARRY DAVIES	M	MV40		01:09:33	01:09:18		106	22	
117	507	ADAM SMITH	M	MSEN	CHORLTON RUNNERS	01:09:34	01:09:22		107	54	12
118	232	PETE OGLE	M	MV50	MARPLE RUNNERS	01:09:34	01:09:20		108	11	1
119	369	REBECCA FITZSIMMONS	F	FSEN	CHORLTON RUNNERS	01:09:36	01:09:24	11		8	4
120	337	CARA JASMINE BRADLEY	F	FSEN		01:09:36	01:09:00	12		9	
121	286	ELEANA MATOS	F	FSEN		01:09:37	01:09:30	13		10	
122	79	RICHARD WILLIAMS	M	MV45	MARPLE RUNNERS	01:09:46	01:09:32		109	19	2
123	385	IAN CRABTREE	M	MV40	STOCKPORT HARRIERS & AC	01:09:55	01:09:47		110	23	14
124	118	RACHAEL FAIRCLOUGH	F	FSEN	ST HELENS STRIDERS	01:09:55	01:09:48	14		11	1
125	375	ANTHONY WARING	M	MV50	HOLMFIRTH HARRIERS AC	01:09:56	01:09:47		111	12	1
126	92	STUART SIMPSON	M	MV55		01:10:01	01:09:53		112	3	
127	181	PAUL MINTON	M	MSEN	EAST CHESHIRE HARRIERS & TAMESIDE AC	01:10:02	01:09:41		113	55	6
128	163	MICHAEL DONIGAN	M	MV40	SWINTON RUNNING CLUB	01:10:07	01:10:01		114	24	3
129	418	ALEX BUCKLEY	F	FSEN	CHORLTON RUNNERS	01:10:08	01:09:52	15		12	5
130	360	RAY O'KEEFE	M	MV55	MACCLESFIELD HARRIERS & AC	01:10:10	01:09:59		115	4	1
131	128	WILLIAM DARBY	M	MSEN		01:10:19	01:09:55		116	56	
132	24	ANDREW ALMOND	M	MV50	MANCHESTER HARRIERS & AC	01:10:25	01:10:19		117	13	2
133	83	MATT ASHTON	M	MSEN		01:10:29	01:10:07		118	57	
134	690	ANDREW STEPHEN	M	MSEN		01:10:37	01:10:16		119	58	
135	282	CHRIS WALLS	M	MV40		01:10:38	01:10:30		120	25	
136	198	CHRIS SIMMONS	M	MV40	DELAMERE SPARTANS	01:10:38	01:10:12		121	26	1
137	226	DAMON STORER	M	MSEN	BRAMHALL RUNNERS	01:10:45	01:10:26		122	59	2
138	477	DANIEL MCDERMOTT	M	MV50	HYDE VILLAGE STRIDERS	01:10:50	01:10:36		123	14	3
139	566	LOUISA HARRISON	F	FV45	WILMSLOW RUNNING CLUB	01:10:54	01:10:42	16		2	2
140	260	STEPHEN GREAVES	M	MV50	WILMSLOW RUNNING CLUB	01:10:59	01:10:48		124	15	7
141	410	KEVIN INGHAM	M	MV50	STOCKPORT HARRIERS & AC	01:11:00	01:10:51		125	16	15
142	671	STEVE HILLIER	M	MV45	WEST CHESHIRE ATHLETIC CLUB	01:11:06	01:10:58		126	20	1
143	513	LAURA BROWN	F	FV40	DIDSBURY RUNNERS	01:11:08	01:11:00	17		3	1
144	555	DANIEL HILL	M	MV40	BLACKBURN ROAD RUNNERS	01:11:14	01:11:05		127	27	1
145	150	MICHAEL NORBURY	M	MSEN	DIDSBURY RUNNERS	01:11:19	01:10:43		128	60	2
146	113	ANTTON ROUGET	M	MSEN		01:11:20	01:10:17		129	61	
147	355	JOHN WAITING	M	MSEN	MARPLE RUNNERS	01:11:20	01:11:05		130	62	3
148	39	ANDREW CARTER	M	MV50	WEST CHESHIRE ATHLETIC CLUB	01:11:22	01:11:15		131	17	2
149	242	BRIAN MCDOWELL	M	MSEN		01:11:23	01:11:04		132	63	

150	293	JAMES BELL	M	MSEN		01:11:29	01:11:16		133	64	
151	565	ANDREW CHRYSTAL	M	MV40		01:11:29	01:11:23		134	28	
152	492	STEVE AUGHTON	M	MV50	BRAMHALL RUNNERS	01:11:30	01:11:05		135	18	3
153	675	JORDAN HEYS	M	MSEN	CLAYTON-LE-MOORS HARRIERS	01:11:33	01:11:22		136	65	1
154	686	KATALIN SZABO	F	FV45	CHORLTON RUNNERS	01:11:35	01:11:13	18		3	6
155	660	PHIL HARRIS	M	MV40	MARPLE RUNNERS	01:11:44	01:11:21		137	29	4
156	668	EMMA RILEY	F	FV40	STOCKPORT HARRIERS & AC	01:11:44	01:11:26	19		4	2
157	506	NICHOLAS THORNE	M	MV50		01:11:49	01:11:33		138	19	
158	377	ISABELLE STUTCHFIELD	F	FSEN	STOCKPORT HARRIERS & AC	01:11:52	01:11:34	20		13	3
159	398	ROBERT HOLLAND	M	MSEN		01:11:58	01:11:45		139	66	
160	210	BRADLEY FLATT	M	MSEN		01:12:00	01:11:55		140	67	
161	510	SARAH BROWN	F	FV50	STOCKPORT HARRIERS & AC	01:12:03	01:11:43	21		1	4
162	593	OLIVER MOORE	M	MSEN		01:12:04	01:11:34		141	68	
163	231	ALEXA BESNARD	F	FV40	CHORLTON RUNNERS	01:12:09	01:11:56	22		5	7
164	532	CARL BRADDOCK	M	MV60	DAVENPORT RUNNERS	01:12:12	01:12:02		142	2	1
165	164	GARETH STOCKDALE	M	MV45	MACCLESFIELD HARRIERS & AC	01:12:15	01:12:04		143	21	2
166	490	CHRIS PODMORE	M	MV40		01:12:23	01:11:59		144	30	
167	399	ADAM ASH	M	MV50	STOCKPORT HARRIERS & AC	01:12:25	01:11:58	0	0	0	0
168	12	SUE STOCKDALE	F	FV45	MACCLESFIELD HARRIERS & AC	01:12:28	01:12:17	0	0	0	0
169	251	ROB MOONEY	M	MSEN	CHORLTON RUNNERS	01:12:29	01:12:13		145	69	13
170	454	RICHARD PRICE	M	MV45	CHORLTON RUNNERS	01:12:31	01:12:09		146	22	14
171	338	ALISON DRASDO	F	FV55	TRAFFORD ATHLETIC CLUB	01:12:37	01:12:07	23		1	1
172	100	WILL PLATTS	M	MSEN	PENSBY RUNNERS	01:12:39	01:12:20		147	70	1
173	361	RICHARD BROWN	M	MV45		01:12:40	01:12:27		148	23	
174	90	JOSEPH LEONARD	M	MSEN		01:12:55	01:12:34		149	71	
175	512	MATT FARR	M	MV45	DIDSBURY RUNNERS	01:12:57	01:12:16		150	24	3
176	343	PAUL RILEY	M	MV50	PENNY LANE STRIDERS	01:12:59	01:12:44		151	21	1
177	674	CHRIS EDGE	M	MV45		01:13:04	01:12:56		152	25	
178	45	ANDY NICOL	M	MV50	CHORLTON RUNNERS	01:13:15	01:13:02		153	22	15
179	484	SIMON STONEHOUSE	M	MV55	STOCKPORT HARRIERS & AC	01:13:18	01:12:59		154	5	17
180	681	KIERAN SMALLBONE	M	MV40	GOYT VALLEY STRIDERS	01:13:18	01:12:56		155	31	2
181	474	SEAN CLANCY	M	MSEN		01:13:19	01:13:09		156	72	
182	87	STEVE GRACE	M	MV45	MARPLE RUNNERS	01:13:22	01:13:04		157	26	5
183	153	PHELEIM ANDREWS	M	MSEN		01:13:23	01:12:32		158	73	
184	384	COLIN TELFORD	M	MV45	STOCKPORT HARRIERS & AC	01:13:25	01:13:04		159	27	18
185	65	STEPHEN BROWN	M	MV50	STOCKPORT HARRIERS & AC	01:13:28	01:13:08		160	23	19
186	132	RICHARD OUSEY	M	MV50	SALE HARRIERS MANCHESTER	01:13:31	01:13:04		161	24	8
187	86	TOM WAINWRIGHT	M	MV50		01:13:32	01:13:14		162	25	
188	123	CHRIS BARBER	M	MV50		01:13:36	01:13:20		163	26	
189	544	ANDREW CROFTS	M	MV40		01:13:42	01:13:14		164	32	
190	472	JAMES COX	M	MSEN		01:13:54	01:13:41		165	74	
191	243	JOSEY TAYLOR	F	FV40	DISLEY RUNNERS	01:13:55	01:13:25	24		6	1
192	345	ANDY CORDES	M	MV55	STOCKPORT HARRIERS & AC	01:13:59	01:13:16		166	6	20
193	55	PHIL MCCARDLE	M	MV45	RAMSBOTTOM RUNNING CLUB	01:14:02	01:13:50		167	28	1
194	387	JAMES RODEN	M	MSEN		01:14:07	01:13:52		168	75	
195	691	PETER KERECSENYI	M	MV45	CHORLTON RUNNERS	01:14:09	01:13:55		169	29	16
196	327	BENJAMIN FOSTER	M	MSEN		01:14:14	01:13:24		170	76	
197	72	MICHAEL JONES	M	MV60	STOCKPORT HARRIERS & AC	01:14:14	01:13:56		171	3	21
198	365	MARK JAMES GARNER	M	MV50	RADCLIFFE AC	01:14:15	01:13:55		172	27	1
199	263	MEGAN HOPKINSON	F	FSEN	MATLOCK ATHLETIC CLUB	01:14:19	01:14:03	25		14	1

200	51	SIMON WHITWHAM	M	MV50	STOCKPORT HARRIERS & AC	01:14:20	01:14:06		173	28	22
201	710	MESHAL ABUSHAL	M	MV40		01:14:22	01:14:02		174	33	
202	445	RICHARD HANDLEY	M	MV40		01:14:23	01:14:08		175	34	
203	715	DIANE BYGRAVE	F	FV45	WILMSLOW RUNNING CLUB	01:14:32	01:14:21	26		5	3
204	189	IAN SHARPE	M	MV50	CHORLTON RUNNERS	01:14:34	01:14:19		176	29	17
205	267	HARRIET JACKSON	F	FSEN	CHORLTON RUNNERS	01:14:34	01:14:17	27		15	8
206	488	EMMA FINNEY	F	FV40	SALE HARRIERS MANCHESTER	01:14:35	01:14:28	28		7	2
207	197	HAYDEN LEE	M	MSEN		01:14:36	01:14:11		177	77	
208	31	DANIEL JENKINS	M	MV45	ECCLESHILL ROAD RUNNERS	01:14:36	01:14:06		178	30	1
209	520	DANIEL JACKSON	M	MV40	CONGLETON HARRIERS	01:14:37	01:14:22		179	35	1
210	546	PETER BARR	M	MV45		01:14:42	01:14:28		180	31	
211	466	PAUL SCOTT	M	MV45		01:14:45	01:14:32		181	32	
212	8	KARL DAVIES	M	MV40	MACCLESFIELD HARRIERS & AC	01:14:48	01:14:11		182	36	3
213	206	DUNCAN DICKINSON	M	MV55	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	01:14:50	01:14:24		183	7	5
214	431	REBEKAH LIVSEY	F	FSEN	STOCKPORT HARRIERS & AC	01:14:53	01:14:34	29		16	5
215	580	JASON GEORGE	M	MV50		01:14:55	01:13:38		184	30	
216	20	TOM HOLLINGWORTH	M	MSEN		01:14:58	01:14:38		185	78	
217	556	GLYN BRITTON	M	MV50	MARPLE RUNNERS	01:14:58	01:14:35		186	31	6
218	716	SARA BARRON	F	FSEN	BRAMHALL RUNNERS	01:14:59	01:14:32	30		17	1
219	661	AERONWY CRAIG	F	FV40	BRAMHALL RUNNERS	01:14:59	01:14:26	31		8	2
220	658	SAMANTHA JONES	F	FV40	BRAMHALL RUNNERS	01:14:59	01:14:32	32		9	3
221	588	GLENNIS RICHARDSON	F	FV60	STOCKPORT HARRIERS & AC	01:15:01	01:14:51	33		1	6
222	460	CHRIS WEBB	M	MSEN	SALE HARRIERS MANCHESTER	01:15:05	01:14:29		187	79	9
223	367	REBECCA MILLS	F	FV40	SWINTON RUNNING CLUB	01:15:07	01:14:57	34		10	1
224	122	MIKE PETER	M	MSEN	CHORLTON RUNNERS	01:15:09	01:14:52		188	80	18
225	292	LAURA COUCILL	F	FV40	SALFORD METROPOLITAN AC	01:15:11	01:14:36	35		11	1
226	32	JOEL DOWSON	M	MSEN		01:15:14	01:14:55		189	81	
227	549	DANIEL BINNS	M	MV45		01:15:18	01:14:54		190	33	
228	91	JENNIE PICKARD	F	FV50	STOCKPORT HARRIERS & AC	01:15:21	01:15:03	36		2	7
229	400	JANE GOODWIN	F	FV50	STOCKPORT HARRIERS & AC	01:15:22	01:15:00	37		3	8
230	336	DAMIEN HEALEY	M	MV40		01:15:25	01:15:12		191	37	
231	547	RICHARD BRAILSFORD	M	MV45	STOCKPORT HARRIERS & AC	01:15:30	01:15:12		192	34	23
232	329	PHILIP BILLINGSLEY	M	MSEN		01:15:38	01:15:14		193	82	
233	548	NOLA CALLADINE	F	FV45		01:15:45	01:15:29	38		6	
234	595	TSERENNADMID ERDENESUREN	F	FV45	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	01:15:46	01:15:17	39		7	1
235	696	SCOTT GRAHAM	M	MV40		01:15:52	01:15:25		194	38	
236	227	ELEANOR CONNELLY	F	FV40	MARPLE RUNNERS	01:15:56	01:15:27	40		12	1
237	73	IAN BOWKER	M	MV55	MARPLE RUNNERS	01:15:59	01:15:36		195	8	7
238	299	DANIEL PRITCHARD	M	MSEN		01:16:05	01:15:47		196	83	
239	151	ROB ROBERTS-FACEY	M	MSEN		01:16:07	01:15:40		197	84	
240	325	ANDREW KILMISTER	M	MV55		01:16:16	01:15:43		198	9	
241	498	ALI ALSAADI	M	MV45	STOCKPORT HARRIERS & AC	01:16:18	01:15:45		199	35	24
242	476	JOHN KENNEDY	M	MV55		01:16:22	01:15:55		200	10	
243	199	BEVERLEY JACKSON	F	FV55	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	01:16:23	01:15:58	41		2	2
244	459	PAUL RUSHWORTH	M	MV45	GRANTHAM RUNNING CLUB	01:16:25	01:16:17		201	36	1
245	103	KATE STUART	F	FSEN	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	01:16:28	01:16:07	42		18	3
246	108	SUZY HILL	F	FSEN	CHORLTON RUNNERS	01:16:32	01:16:15	43		19	9
247	453	DAVID WOOD	M	MV40		01:16:36	01:16:21		202	39	
248	63	VICKI CREIGHTON	F	FSEN	DAVENPORT RUNNERS	01:16:40	01:16:27	44		20	1
249	407	JOHN DINAN	M	MV45	LEVENSHULME RUNNERS	01:16:42	01:16:16		203	37	2

250	366	JASON WOOD	M	MV50	WINSTON RUNNERS	01:16:44	01:16:13		204	32	1
251	202	WENDY TERRY	F	FV45	SALE HARRIERS MANCHESTER	01:16:47	01:16:21	45		8	3
252	680	BRIAN HOLLAND	M	MV65	GOYT VALLEY STRIDERS	01:16:50	01:16:28		205	1	3
253	503	ELAINE COLLINS	F	FV40	DELAMERE SPARTANS	01:16:53	01:16:27	46		13	1
254	111	PAUL BAYLEY	M	MV60	POYNTON RUNNERS	01:17:02	01:16:45		206	4	1
255	241	JAMES GRAHAM	M	MV40		01:17:06	01:16:47		207	40	
256	659	CHRIS FRAYNE	M	MSEN	MARPLE RUNNERS	01:17:08	01:16:45		208	85	8
257	557	MARK DONLON	M	MSEN		01:17:12	01:16:48		209	86	
258	52	RAYMOND BANKS	M	MV70	BARLICK FELL RUNNERS	01:17:13	01:17:10		210	1	1
259	430	SIMON MARTIN	M	MV40		01:17:14	01:16:50		211	41	
260	533	JAMES TAYLOR	M	MV40	CHORLTON RUNNERS	01:17:16	01:16:56		212	42	19
261	600	BENJAMIN EDMONDS	M	MSEN	BRAMHALL RUNNERS	01:17:18	01:16:41		213	87	4
262	656	MIKE GERRARD	M	MV50		01:17:21	01:16:45		214	33	
263	238	TERESA KEMP	F	FV40	TRAFFORD ATHLETIC CLUB	01:17:24	01:16:55	47		14	2
264	178	JENNIE BARKER	F	FV40	ELLESMERE PORT RC	01:17:33	01:16:53	48		15	1
265	259	MARK COOPER	M	MV50	CHORLTON RUNNERS	01:17:34	01:17:17		215	34	20
266	692	CHARLOTTE BLACK	F	FV45	STOCKPORT TRI CLUB	01:17:38	01:17:09	49		9	1
267	219	DAN BRITTON	M	MV45	MARPLE RUNNERS	01:17:43	01:17:20		216	38	9
268	172	JAMES BOFFEY	M	MSEN		01:17:44	01:17:19		217	88	
269	184	HARRIET HAMILTON	F	FV40	SALE HARRIERS MANCHESTER	01:17:48	01:17:22	50		16	4
270	709	FRANCES JACKSON	F	FSEN	WILMSLOW RUNNING CLUB	01:17:56	01:17:24	51		21	4
271	341	IAN HEBBLETHWAITE	M	MV40		01:17:57	01:17:24		218	43	
272	44	GARY MORRISON	M	MV55		01:18:09	01:17:55		219	11	
273	125	ANDY RICHARDSON	M	MV55		01:18:14	01:17:51		220	12	
274	576	KATHERINE BAINES	F	FV40	BURNDEN ROAD RUNNERS	01:18:18	01:18:02	52		17	1
275	190	KEITH MULHOLLAND	M	MV55	MACCLESFIELD HARRIERS & AC	01:18:26	01:18:15		221	13	4
276	456	ANDREW HARPER	M	MV40		01:18:40	01:18:20		222	44	
277	599	LAURA MURPHY	F	FV40	BRAMHALL RUNNERS	01:18:42	01:18:06	53		18	4
278	711	ADAM WILLS	M	MV40	RADCLIFFE AC	01:18:44	01:17:58		223	45	2
279	678	EMMA LOUISE KERWIN	F	FSEN	TODMORDEN HARRIERS	01:18:46	01:18:25	54		22	1
280	587	MIKE MASON	M	MV55	HYDE VILLAGE STRIDERS	01:18:50	01:18:03		224	14	4
281	19	SOPHIE SEINGIER	F	FV50	STOCKPORT HARRIERS & AC	01:18:50	01:18:31	55		4	9
282	297	STEVEN FLYNN	M	MSEN		01:18:53	01:18:09		225	89	
283	358	CHRIS SEWART	M	MV45	MANCHESTER HARRIERS & AC	01:18:54	01:18:27		226	39	3
284	331	ANTHONY DAGNALL	M	MV65	ST.HELENS STRIDERS	01:18:56	01:18:24		227	2	1
285	515	STEPHANIE MALLET	F	FV40		01:19:02	01:18:33	56		19	
286	551	ÁNGEL MUDARRA ALONSO	M	MSEN		01:19:05	01:17:55		228	90	
287	554	LEWIS TAYLOR	M	MSEN	SPECTRUM STRIDERS	01:19:06	01:18:30		229	91	1
288	41	CLAIRE CHAFFER	F	FV45	TRAFFORD ATHLETIC CLUB	01:19:11	01:18:42	57		10	3
289	706	KYLIE FEDTSCHYSCHAK	F	FSEN	CHORLTON RUNNERS	01:19:15	01:18:58	58		23	10
290	248	IAN WILLIAMSON	M	MV55	CHORLTON RUNNERS	01:19:19	01:18:41		230	15	21
291	584	ADAM FORD	M	MV45		01:19:26	01:18:32		231	40	
292	581	SAM EVANS	M	MV40		01:19:30	01:19:16		232	46	
293	517	FAEZ KAISER	M	MV50	BRAMHALL RUNNERS	01:19:35	01:19:08		233	35	5
294	265	JAYNE HOLGATE	F	FSEN		01:19:38	01:19:18	59		24	
295	275	ADAM GILLIN	M	MSEN	CHORLTON RUNNERS	01:19:40	01:19:03		234	92	22
296	284	LISA GRANTHAM	F	FV45	PENSBY RUNNERS	01:19:45	01:19:33	60		11	1
297	353	LUCY BROWN	F	FV45		01:19:50	01:19:15	61		12	
298	448	DAVIDE CUOGHI	M	MSEN	LEVENSHULME RUNNERS	01:19:52	01:19:26		235	93	3
299	346	SARAH RENSHAW	F	FV40	CHORLTON RUNNERS	01:20:04	01:19:29	62		20	11

300	328	GAVIN EYQUEM	M	MV40	STOCKPORT HARRIERS & AC	01:20:08	01:19:47		236	47	25
301	388	JON LAWRENCE	M	MV55	BRAMHALL RUNNERS	01:20:10	01:19:26		237	16	6
302	228	MICHAEL CONNELLY	M	MV45	MARPLE RUNNERS	01:20:13	01:19:44		238	41	10
303	444	SAN BUCKLEY	F	FV50	LYME RUNNERS	01:20:21	01:19:41	63		5	1
304	80	TIM JORGENSSON	M	MV55		01:20:26	01:20:03		239	17	
305	222	ANDREW TAYLOR	M	MV45	BELLE VUE RACERS	01:20:26	01:19:41		240	42	3
306	185	ROBERT JACKSON	M	MV45		01:20:28	01:19:54		241	43	
307	573	DAVE LAFFERTY	M	MSEN		01:20:32	01:19:34		242	94	
308	203	RACHEL INNIS	F	FSEN	CHORLTON RUNNERS	01:20:37	01:19:56	64		25	12
309	655	CATHERINE FARRINGTON	F	FV40	SANDBACH STRIDERS	01:20:44	01:20:21	65		21	1
310	405	EMMA ROBERTS	F	FV40		01:20:48	01:20:18	66		22	
311	501	ANDREW DAINY	M	MV50	CHORLTON RUNNERS	01:20:49	01:20:07		243	36	23
312	298	PHILLIP JOBLING	M	MSEN		01:20:49	01:20:16		244	95	
313	70	TIM CROOKES	M	MV55	GLOSSOPDALE HARRIERS	01:20:51	01:20:09		245	18	2
314	408	ALEX PERCIVAL	M	MV45		01:20:52	01:20:17		246	44	
315	223	PAUL PLUMMER	M	MV50	STOCKPORT TRI CLUB	01:20:53	01:20:34		247	37	1
316	116	IMOGEN SPECTOR-HILL	F	FSEN	MACCLESFIELD HARRIERS & AC	01:20:55	01:20:17	67		26	2
317	214	JUSTIN COLEMAN	M	MV50	SWINTON RUNNING CLUB	01:20:56	01:20:24		248	38	4
318	221	BEN STREDDER	M	MV45	DIDSBURY RUNNERS	01:20:57	01:20:16		249	45	4
319	99	PHIL WILCOXON	M	MV60	BELLE VUE RACERS	01:21:06	01:20:56		250	5	4
320	177	NICKY MOWAT	F	FV65	WILMSLOW RUNNING CLUB	01:21:09	01:20:38	68		1	5
321	493	JODY BEECH	F	FSEN	ELLESMERE PORT RC	01:21:10	01:20:30	69		27	2
322	93	LOUISE MANGAN	F	FV50	TRAFFORD ATHLETIC CLUB	01:21:11	01:20:42	70		6	4
323	568	ADAM CLEGG	M	MV45		01:21:14	01:20:17		251	46	
324	88	RICK TAYLOR	M	MV50		01:21:16	01:20:26		252	39	
325	142	GABRIELLA WIELAND	F	FSEN	CHORLTON RUNNERS	01:21:21	01:20:37	71		28	13
326	141	REBECCA MCNAIR	F	FSEN	CHORLTON RUNNERS	01:21:22	01:20:37	72		29	14
327	404	ROB STUTCHFIELD	M	MV45	MARPLE RUNNERS	01:21:24	01:20:57		253	47	11
328	416	JENNIFER LUTTON	F	FV40	WINSTON RUNNERS	01:21:25	01:20:53	73		23	1
329	364	BELINDA HAMMOND	F	FV40	SALE HARRIERS MANCHESTER	01:21:25	01:20:49	74		24	5
330	562	GORDON SHARP	M	MV65	LYME RUNNERS	01:21:26	01:20:46		254	3	1
331	496	ALAN BYRNE	M	MV60	GLOSSOPDALE HARRIERS	01:21:28	01:20:46		255	6	3
332	217	JONATHAN REEH	M	MV40		01:21:35	01:21:06		256	48	
333	302	PANASHE MANGOMA-DENNIS	M	MSEN		01:21:36	01:20:38		257	96	
334	561	DAVID COLLEY	M	MV65	STOCKPORT TRI CLUB	01:21:38	01:21:08		258	4	2
335	340	JULIA REYNOLDS	F	FV50	SALE HARRIERS MANCHESTER	01:21:47	01:21:12	75		7	6
336	300	SIMON LISTER	M	MSEN		01:21:52	01:20:46		259	97	
337	654	SHERINE MALEQUE	F	FV45		01:21:53	01:21:09	76		13	
338	216	JAMES JEFFRIES	M	MSEN		01:21:56	01:21:35		260	98	
339	379	NICHOLAS GUDEGAST	M	MV50	MARPLE RUNNERS	01:22:00	01:21:38		261	40	12
340	469	DARREN GROVER	M	MV45		01:22:06	01:20:48		262	48	
341	18	ALICE APPELYARD	F	FSEN		01:22:06	01:21:39	77		30	
342	196	JENNIE HEGGIE	F	FV45	SALE HARRIERS MANCHESTER	01:22:06	01:21:26	78		14	7
343	798	ANGUS ROSE	M	MV55	STOCKPORT HARRIERS & AC	01:22:06	01:21:29		263	19	26
344	597	MARK BOUSIE	M	MV45	STOCKPORT HARRIERS & AC	01:22:14	01:21:30		264	49	27
345	207	CHLOE FITZPATRICK	F	FSEN	WILMSLOW RUNNING CLUB	01:22:14	01:21:43	79		31	6
346	130	RICHARD NORRIS	M	MSEN	DIDSBURY RUNNERS	01:22:19	01:21:35		265	99	5
347	143	SEAN GLAISTER	M	MV55	CHORLTON RUNNERS	01:22:23	01:22:06		266	20	24
348	344	PETER WILLIAMS	M	MV65	OLDHAM & ROYTON H & AC	01:22:34	01:22:12		267	5	1
349	571	MICHAEL FLANNERY	M	MSEN		01:22:38	01:21:53		268	100	

350	254	MARK TURNER	M	MV55	CHORLTON RUNNERS	01:22:46	01:22:05	269	21	25
351	648	SOPHIE BESTWICK	F	FSEN	CHELTENHAM AND COUNTY HARRIERS	01:22:47	01:22:12	80	32	1
352	84	LESLEY SINCLAIR	F	FV60	STOCKPORT HARRIERS & AC	01:22:51	01:22:08	81	2	10
353	424	ISABELLE QAMAR	F	FV50	DIDSBURY RUNNERS	01:22:51	01:22:09	82	8	2
354	693	CHRISTINE DEWSBURY	F	FV45	STOCKPORT TRI CLUB	01:22:54	01:22:25	83	15	2
355	666	ANDREW HORROCKS	M	MV55	HYDE VILLAGE STRIDERS	01:22:55	01:22:02	270	22	5
356	662	CLAIRE KNAPP	F	FSEN		01:22:57	01:22:24	84	33	
357	146	GLYN WILLIAMS	M	MV55	PRESTWICH AC	01:23:00	01:22:07	271	23	1
358	34	GIUSEPPE SERRA	M	MV55	ELLESMERE PORT RC	01:23:00	01:22:21	272	24	1
359	676	PATRICK O'BRIEN	M	MV65	BELLE VUE RACERS	01:23:03	01:22:17	273	6	5
360	256	CHRIS BENN	M	MSEN	MANCHESTER FRONTRUNNERS	01:23:03	01:22:28	274	101	1
361	257	JAMES FOX	M	MV45	MANCHESTER FRONTRUNNERS	01:23:04	01:22:29	275	50	2
362	182	NATALIE WILLIAMS	F	FV40	ROCHDALE TRI CLUB	01:23:22	01:22:49	85	25	1
363	85	EMMA BANISTER	F	FV50	CHORLTON RUNNERS	01:23:28	01:23:04	86	9	15
364	261	DAN HAGUE	M	MSEN		01:23:32	01:22:39	276	102	
365	134	JAMES MCGUINNESS	M	MSEN		01:23:33	01:22:57	277	103	
366	382	JANINE ORTON	F	FV40		01:23:39	01:23:20	87	26	
367	126	MARTIN ARCHER	M	MV50	RADCLIFFE AC	01:23:40	01:22:49	278	41	3
368	40	KAREN DAY	F	FV50	ROCHDALE TRI CLUB	01:23:41	01:23:08	88	10	2
369	279	BELLA ATKINSON	F	FSEN		01:23:57	01:23:39	89	34	
370	192	KIERAN BECK	M	MSEN		01:23:59	01:23:08	279	104	
371	71	JOHN NOLAN	M	MV50		01:24:00	01:23:30	280	42	
372	594	CHRIS WIRTH	M	MSEN		01:24:11	01:23:34	281	105	
373	60	CATHERINE HURST	F	FV60	TRAFFORD ATHLETIC CLUB	01:24:11	01:23:42	90	3	5
374	685	LILY JOHNSON	F	FSEN		01:24:14	01:23:39	91	35	
375	386	HOLLY COPELAND	F	FSEN		01:24:16	01:23:43	92	36	
376	473	MATT WILLIS	M	MSEN		01:24:19	01:23:45	282	106	
377	294	MICHAEL CURRAN	M	MSEN	BELLE VUE RACERS	01:24:21	01:23:28	283	107	6
378	291	LUCY SHALLCROSS	F	FV40		01:24:21	01:23:37	93	27	
379	351	CHRIS DOAR	M	MSEN		01:24:23	01:23:46	284	108	
380	148	ANDREA NEWNES	F	FSEN	KNOWSLEY HARRIERS	01:24:24	01:23:32	94	37	1
381	271	SAMUEL BRUSHETT	M	MSEN		01:24:32	01:23:47	285	109	
382	54	ROBYN CARSON	F	FSEN	BRAMHALL RUNNERS	01:24:33	01:23:51	95	38	5
383	569	JENNIFER COAKLEY	F	FSEN		01:24:35	01:23:51	96	39	
384	240	LIAM DAVIES	M	MSEN		01:24:38	01:23:27	286	110	
385	62	MALCOLM LEAHAIR	M	MV45	LONELY GOAT RC	01:24:38	01:24:22	287	51	1
386	280	CARLA OUSEY	F	FV50	SALE HARRIERS MANCHESTER	01:24:39	01:24:03	97	11	8
387	137	JOHN ARCHER	M	MV70	SALE HARRIERS MANCHESTER	01:24:42	01:24:35	288	2	10
388	687	ROBERT RALPHS	M	MV55		01:24:44	01:23:54	289	25	
389	649	LYNDA ROWLINSON	F	FV60	SALE HARRIERS MANCHESTER	01:24:46	01:24:15	98	4	9
390	420	AMY TANG	F	FSEN	CHORLTON RUNNERS	01:24:53	01:24:09	99	40	16
391	645	MARK HOLT	M	MV50		01:24:55	01:24:18	290	43	
392	652	KEVIN MALONE	M	MV40		01:25:01	01:24:30	291	49	
393	598	DAVE BRADFORD	M	MV60	DIDSBURY RUNNERS	01:25:04	01:24:22	292	7	6
394	269	HAYLEY COCKSEY	F	FSEN	HYDE VILLAGE STRIDERS	01:25:04	01:24:18	100	41	1
395	677	JAMES MALONE	M	MV45	BELLE VUE RACERS	01:25:06	01:24:32	293	52	7
396	29	WENDY WOODHEAD	F	FV40	MANCHESTER HARRIERS & AC	01:25:07	01:24:23	101	28	2
397	268	JEZ JACKSON	M	MV55	LONELY GOAT RC	01:25:18	01:24:35	294	26	2
398	455	NEIL SWAINSTON	M	MV45	CHORLTON RUNNERS	01:25:22	01:24:57	295	53	26
399	168	CHRISTIAN HOOK	M	MV45	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	01:25:27	01:24:53	296	54	6

400	255	CHRIS PEACHEY	M	MV55	CHORLTON RUNNERS	01:25:29	01:24:47		297	27	27
401	42	MARTIN SHEPHERD	M	MV60	ROCHDALE TRI CLUB	01:25:30	01:24:58		298	8	1
402	413	MARYAM WATSON	F	FSEN		01:25:31	01:24:30	102		42	
403	525	REBECCA MORRIS	F	FSEN	LEVENSHULME RUNNERS	01:25:33	01:25:07	103		43	1
404	179	MARK SMITH	M	MV50	STOCKPORT HARRIERS & AC	01:25:40	01:25:11		299	44	28
405	170	IAN KENNEDY	M	MV50	STOCKPORT HARRIERS & AC	01:25:42	01:25:12		300	45	29
406	59	TRACEY TAYLOR	F	FV40	SALE HARRIERS MANCHESTER	01:25:49	01:25:14	104		29	10
407	75	REBECCA BRIMAGE	F	FV45	STOCKPORT HARRIERS & AC	01:26:07	01:25:41	105		16	11
408	486	AMANDA TILBURY	F	FV55	HYDE VILLAGE STRIDERS	01:26:08	01:25:34	106		3	2
409	796	EMILIO MACCIO	M	MV65	BELLE VUE RACERS	01:26:10	01:25:18		301	7	8
410	651	HELEN TODD	F	FV65	STOCKPORT HARRIERS & AC	01:26:10	01:25:26	107		2	12
411	117	MELANIE POWER	F	FV50	MACCLESFIELD HARRIERS & AC	01:26:19	01:25:41	108		12	3
412	175	LISA STANSFIELD	F	FV45	ROSSEDALE HARRIERS & AC	01:26:20	01:25:40	109		17	1
413	409	VICKY HEYS	F	FV50	CLAYTON-LE-MOORS HARRIERS	01:26:20	01:25:40	110		13	2
414	303	BEN WARLING	M	MSEN		01:26:22	01:25:41		302	111	
415	462	TIM BOWMAN	M	MV45	I'D RATHER BE OUTDOORS	01:26:32	01:25:30		303	55	1
416	508	CHARLOTTE HEDLEY	F	FSEN		01:26:34	01:25:52	111		44	
417	205	PHIL NIXON	M	MSEN	STOCKPORT HARRIERS & AC	01:26:39	01:25:53		304	112	30
418	438	HANNAH DELLER	F	FSEN	MARPLE RUNNERS	01:26:52	01:25:53	112		45	2
419	266	SOPHIE WEAVER	F	FSEN	CHORLTON RUNNERS	01:27:00	01:26:43	113		46	17
420	89	DAVID CRACKNELL	M	MV40	MARPLE RUNNERS	01:27:06	01:26:31		305	50	13
421	523	ZAK LAWRENCE	M	MSEN		01:27:24	01:26:39		306	113	
422	521	PAUL HUNT	M	MV60	GOYT VALLEY STRIDERS	01:27:29	01:26:51		307	9	4
423	69	BECCA MENZLER	F	FSEN		01:27:31	01:26:53	114		47	
424	712	ALEXANDER SIMPSON	M	MSEN		01:27:34	01:26:53		308	114	
425	698	NEIL VICKERS	M	MV60		01:27:39	01:26:49		309	10	
426	283	EDDIE CALDOW	M	MV40		01:27:39	01:26:49		310	51	
427	110	DOMINIC PARRY	M	MV45	RADCLIFFE AC	01:27:42	01:26:55		311	56	4
428	188	ALISON WAINWRIGHT	F	FV40	CHORLTON RUNNERS	01:27:42	01:27:25	115		30	18
429	354	SOPHIE BELL	F	FSEN	CHORLTON RUNNERS	01:27:44	01:27:03	116		48	19
430	155	LIAM RODDY	M	MSEN		01:27:44	01:27:10		312	115	
431	713	OLI TAYLOR	M	MSEN		01:27:45	01:27:11		313	116	
432	209	STEVEN WOODWARD	M	MV45	MARPLE RUNNERS	01:27:46	01:26:52		314	57	14
433	586	DOMINIC COUPES	M	MV50	MARPLE RUNNERS	01:27:50	01:27:19		315	46	15
434	670	EDDIE CORCORAN	M	MV50	BLACKLEY W2R	01:27:58	01:26:56		316	47	1
435	287	STUART BLACKMORE	M	MV45		01:27:59	01:27:22		317	58	
436	650	MAUREEN WILKINS	F	FV55	STOCKPORT HARRIERS & AC	01:28:00	01:27:32	117		4	13
437	106	JORDAN DALE	M	MSEN		01:28:05	01:27:17		318	117	
438	642	BRAD BARNES	M	MSEN		01:28:08	01:27:03		319	118	
439	30	JOSÉ MANZANARES	M	MSEN		01:28:09	01:27:06		320	119	
440	332	JOANNE EGERTON	F	FV45	SADDLEWORTH RUNNERS CLUB	01:28:09	01:27:11	118		18	1
441	50	ANDY MORRIS	M	MV45	SOUTH CHESHIRE HARRIERS	01:28:14	01:27:36		321	59	1
442	264	ALEX DONALD	M	MSEN		01:28:18	01:27:31		322	120	
443	537	NICK TAYLOR	M	MV40		01:28:24	01:27:21		323	52	
444	180	CASEY-JOE HUNT	M	MSEN		01:28:32	01:27:26		324	121	
445	124	LENNIE KINSELLA	M	MV45		01:28:33	01:27:57		325	60	
446	174	HANNAH BLACKWELL	F	FSEN	MANCHESTER HARRIERS & AC	01:28:37	01:27:52	119		49	3
447	278	ALISON FITTON	F	FV55		01:28:42	01:28:04	120		5	
448	273	MICHAEL TAYLOR	M	MSEN	MARPLE RUNNERS	01:28:42	01:28:14		326	122	16
449	119	JAY SIMS	M	MV45		01:28:43	01:27:52		327	61	

450	463	CHRIS WATT	M	MSEN	DIDSBURY RUNNERS	01:28:47	01:27:54		328	123	7
451	133	ROBERT MCGUINNESS	M	MV50	MIDDLETON HARRIERS AC	01:28:49	01:28:13		329	48	1
452	290	ESTHER KAVANAGH DIXON	F	FV40		01:28:50	01:28:05	121		31	
453	138	JAMES EDEN	M	MV40	STOCKPORT TRI CLUB	01:28:51	01:27:58		330	53	3
454	432	MICHAEL TALBOT	M	MV55		01:28:54	01:28:15		331	28	
455	362	ANGELA STANLEY	F	FV40	MARPLE RUNNERS	01:28:57	01:27:57	122		32	3
456	665	KENJI CROMPTON	M	MV45		01:29:05	01:27:56		332	62	
457	161	SHEILA JONES	F	FV65	RADCLIFFE AC	01:29:06	01:28:19	123		3	1
458	450	IAN STEEPLES	M	MV50		01:29:10	01:28:14		333	49	
459	664	ELLIE CROMPTON	F	FV40		01:29:17	01:28:07	124		33	
460	78	JEN BULMAN	F	FSEN	BRAMHALL RUNNERS	01:29:22	01:28:37	125		50	6
461	464	MICHAEL GANDY	M	MV55	LONELY GOAT RC	01:29:32	01:28:48		334	29	3
462	558	RICHARD WALKER	M	MV50		01:29:36	01:28:58		335	50	
463	439	SHAMEEM YOUNIS	F	FV45	HYDE VILLAGE STRIDERS	01:29:44	01:28:57	126		19	3
464	270	ANDREW CHARLESWORTH	M	MV50	HYDE VILLAGE STRIDERS	01:29:45	01:28:58		336	51	6
465	276	JOSHUA STUBBS	M	MSEN		01:29:47	01:28:50		337	124	
466	538	DALE BAKER	M	MSEN		01:29:48	01:29:10		338	125	
467	258	RICHARD DIVILLY	M	MSEN		01:30:02	01:29:18		339	126	
468	694	NINA GREEN	F	FV60		01:30:15	01:29:22	127		5	
469	165	BEN STORRIE	M	MSEN		01:30:19	01:29:27		340	127	
470	274	TIM MARTIN	M	MV50		01:30:23	01:29:53		341	52	
471	545	MAXIME ROCHER	M	MSEN		01:30:29	01:29:27		342	128	
472	465	CHRISTINA EMERSON	F	FV50	HEALD GREEN RUNNERS	01:30:30	01:29:26	128		14	1
473	230	KATE GRIMOLDBY	F	FSEN	SPECTRUM STRIDERS	01:30:33	01:29:56	129		51	1
474	11	DAVID THORNTON	M	MV45	MARPLE RUNNERS	01:30:35	01:29:59		343	63	17
475	246	GEOFF ABRAM	M	MV45		01:30:39	01:29:47		344	64	
476	9	MATTHEW TOWNSON	M	MV50		01:30:46	01:29:55		345	53	
477	13	JACK BATTERSBY	M	MSEN	WINSTON MANDEM	01:30:50	01:29:58		346	129	1
478	46	STEPHEN COLE	M	MV50	STOCKPORT HARRIERS & AC	01:30:55	01:30:12		347	54	31
479	371	NICK HAM	M	MV60	GLOSSOPDALE HARRIERS	01:30:58	01:30:47		348	11	4
480	166	WENDY RIMMER	F	FV45	MARPLE RUNNERS	01:30:58	01:29:58	130		20	4
481	114	PAUL HAWGOOD	M	MV55		01:31:02	01:30:10		349	30	
482	440	MICHAEL HOLDEN	M	MV40		01:31:05	01:30:18		350	54	
483	653	RUPERT ELLIS	M	MV45		01:31:13	01:30:42		351	65	
484	527	JOHN PORTEOUS	M	MV70	WILMSLOW RUNNING CLUB	01:31:19	01:30:45		352	3	8
485	479	ROBERT SKILBECK	M	MV50	DIDSBURY RUNNERS	01:31:20	01:30:38		353	55	8
486	289	CALLUM GRIFFITHS	M	MSEN		01:31:21	01:30:27		354	130	
487	426	PETER BLACK	M	MV50		01:31:23	01:30:52		355	56	
488	457	CAROL HATCH	F	FV60		01:31:42	01:30:57	131		6	
489	272	DAVID BLOOMFIELD	M	MV55		01:31:46	01:31:00		356	31	
490	700	ADAM AXFORD	M	MSEN		01:31:50	01:31:03		357	131	
491	699	KERRY BENTLEY	F	FV50		01:31:50	01:31:04	132		15	
492	514	RACHAEL POWELL	F	FV45	MARPLE RUNNERS	01:31:52	01:31:14	133		21	5
493	644	SARAH BARNARD	F	FV45		01:31:52	01:30:57	134		22	
494	101	SARAH LAKE	F	FV55		01:31:53	01:30:52	135		6	
495	14	SARAH HARDY	F	FSEN	MARPLE RUNNERS	01:31:53	01:30:57	136		52	6
496	1	AMY BILLING	F	FV40	STOCKPORT HARRIERS & AC	01:32:08	01:31:23	137		34	14
497	218	IAN DENHAM	M	MV55	LONELY GOAT RC	01:32:11	01:31:00		358	32	4
498	494	BEN FERNS	M	MSEN		01:32:16	01:31:13		359	132	
499	68	KAREN CHARTERS	F	FV50	BELLE VUE RACERS	01:32:22	01:31:30	138		16	1

500	152	ANN RICHARDSON	F	FV40	MARPLE RUNNERS	01:32:24	01:31:23	139		35	7
501	489	ANNE MARIE LORD	F	FV55		01:32:28	01:31:40	140		7	
502	417	KATHARINE LAY	F	FV50	DRAGONS RUNNING CLUB (SALE)	01:32:30	01:31:59	141		17	1
503	684	NICK ROBERTS	M	MV55	STOCKPORT TRI CLUB	01:32:33	01:32:03		360	33	4
504	334	JANET I WYLES	F	FV55	WILMSLOW RUNNING CLUB	01:32:51	01:32:07	142		8	7
505	511	NEIL WILSON	M	MV40		01:32:55	01:31:51		361	55	
506	186	JAMIE HENNESSY	M	MSEN	OLDHAM & ROYTON H & AC	01:33:11	01:32:48		362	133	2
507	695	PAUL WHITTAKER	M	MV50	MARPLE RUNNERS	01:33:21	01:32:38		363	57	18
508	107	NATALIE BENSLYGREEN	F	FSEN		01:33:23	01:32:29	143		53	
509	470	ANDREW WELSBY	M	MSEN		01:33:26	01:32:14		364	134	
510	567	TOM WATERHOUSE	M	MSEN	SPORTS FEET	01:33:29	01:32:26		365	135	1
511	27	ANNA ASHTON	F	FV65	MARPLE RUNNERS	01:33:35	01:32:44	144		4	8
512	552	SARAH BULLOCK	F	FV45	SWINTON RUNNING CLUB	01:33:37	01:32:57	145		23	2
513	370	DAVID FRENCH	M	MV50	MARPLE RUNNERS	01:33:53	01:33:16		366	58	19
514	330	CLAIRE SOLANKI	F	FV50		01:34:01	01:33:30	146		18	
515	33	GAYNOR BECKETT	F	FV50	SANDBACH STRIDERS	01:34:12	01:33:28	147		19	2
516	81	ROB TODD	M	MV60	DRAGONS RUNNING CLUB (SALE)	01:34:15	01:33:43		367	12	1
517	211	AIMEE WOOLLEY	F	FV40	BELLE VUE RACERS	01:34:16	01:33:21	148		36	2
518	120	SUE COX	F	FV50		01:34:22	01:33:14	149		20	
519	335	SARAH HEALEY	F	FSEN		01:34:48	01:33:53	150		54	
520	509	NICK HERD	M	MV50		01:34:51	01:33:47		368	59	
521	102	CATHERINE MACHIN	F	FV40	WILMSLOW RUNNING CLUB	01:34:51	01:34:17	151		37	8
522	392	ELISABETH LEWIS	F	FV40	CHORLTON RUNNERS	01:34:58	01:34:03	152		38	20
523	157	MIKE HALL	M	MV60	BRAMHALL RUNNERS	01:35:04	01:34:19		369	13	7
524	411	SIMON ENTWISTLE	M	MV40	BURNDEN ROAD RUNNERS	01:35:11	01:34:55		370	56	2
525	98	SALLY CHEETHAM	F	FV55	BELLE VUE RACERS	01:35:16	01:34:21	153		9	3
526	516	CHEMANE GOLDING	F	FSEN	RADCLIFFE AC	01:35:30	01:35:00	154		55	2
527	295	CRAIG TURNER	M	MV55	MANCHESTER HARRIERS & AC	01:35:37	01:34:51		371	34	4
528	301	PHOEBE MANGOMA-DENNIS	F	FSEN		01:35:41	01:34:47	155		56	
529	540	SUE STRICKLAND	F	FV60	DRAGONS RUNNING CLUB (SALE)	01:35:49	01:35:17	156		7	2
530	483	WAYNE CROUCH	M	MV50		01:35:51	01:34:38		372	60	
531	252	NATALIE HARPER	F	FSEN	CHORLTON RUNNERS	01:36:07	01:35:05	157		57	21
532	406	GRAHAM YUILL	M	MV50		01:36:14	01:35:11		373	61	
533	478	ANDY RIPPON	M	MV55	STOCKPORT PCT	01:36:16	01:35:25		374	35	1
534	702	HARRY KELLY	M	MV55		01:36:17	01:35:27		375	36	
535	701	DEBBIE KELLY	F	FV55		01:36:17	01:35:28	158		10	
536	5	KATHRYN DAVIES	F	FV60	RADCLIFFE AC	01:36:20	01:35:35	159		8	3
537	3	ALAN JENKINSON	M	MV75	STYAL RUNNING CLUB	01:36:23	01:35:38		376	1	1
538	495	NATALIE LEEB	F	FV40		01:36:29	01:35:35	160		39	
539	689	LAURA CRAGG	F	FSEN		01:36:38	01:35:48	161		58	
540	447	RANJIT BENNETT	M	MV50	SALE HARRIERS MANCHESTER	01:36:43	01:35:48		377	62	11
541	187	ERICA WHITE	F	FSEN	OLDHAM & ROYTON H & AC	01:36:44	01:36:22	162		59	1
542	522	MOIRA HUNT	F	FV65	GOYT VALLEY STRIDERS	01:36:51	01:35:55	163		5	1
543	491	MEL JOHNSON	F	FV45	MANCHESTER FRONTRUNNERS	01:37:00	01:36:07	164		24	1
544	682	MALIKA KAPASI	F	FV40	CHORLTON RUNNERS	01:37:01	01:36:03	165		40	22
545	422	ROMARIC ONANA HAENTJENS	M	MSEN		01:37:11	01:36:03		378	136	
546	526	DAVID MCGOWAN	M	MV55	SPECTRUM STRIDERS	01:37:11	01:36:11		379	37	2
547	535	MARIA WILLIAMS	F	FSEN		01:37:21	01:36:10	166		60	
548	672	RICK JONES	M	MV40		01:37:21	01:36:10		380	57	
549	285	LAURA AHEARN	F	FV40	MARPLE RUNNERS	01:37:25	01:36:29	167		41	9

550	64	JASON FARRAND	M	MSEN	NO DRAMA LLAMA	01:37:30	01:36:31		381	137	1
551	707	ANNE-MARIE POLLARD-VEARNALS	F	FV45		01:37:31	01:36:36	168		25	
552	589	MELANIE QUINN	F	FV50		01:37:38	01:36:46	169		21	
553	25	STEVE BERRY	M	MV50	SWINTON RUNNING CLUB	01:38:11	01:37:39		382	63	5
554	467	MARK ASHWORTH	M	MSEN		01:38:16	01:37:21		383	138	
555	77	JO RICHARDSON	F	FV65	RUNNING BEAR	01:38:33	01:37:32	170		6	1
556	480	CHRIS KELLY	M	MV50		01:38:45	01:38:00		384	64	
557	288	PHOEBE TURNER	F	FSEN		01:38:54	01:37:51	171		61	
558	35	WAYNE WILSON	M	MV60		01:38:58	01:38:47		385	14	
559	423	ANTHONY HILLIER	M	MV75	GLOSSOPDALE HARRIERS	01:38:59	01:38:48		386	2	5
560	391	MARK GAMBLIN	M	MV55	CHORLTON RUNNERS	01:39:12	01:38:18		387	38	28
561	429	ELIZABETH ALLISON	F	FV55		01:39:14	01:38:20	172		11	
562	428	STEWART DAWSON	M	MV50		01:39:14	01:38:19		388	65	
563	169	MICHELLE BUTTERWORTH	F	FV40	OLDHAM & ROYTON H & AC	01:39:26	01:38:17	173		42	2
564	583	GABRIELLA JACKSON	F	FSEN		01:39:45	01:38:51	174		62	
565	342	ANNA KAY	F	FSEN	HYDE VILLAGE STRIDERS	01:39:56	01:38:58	175		63	4
566	191	DEBBIE BECK	F	FV50	HOLMFIRTH HARRIERS AC	01:40:10	01:39:06	176		22	1
567	48	ALISON SMITH	F	FV45	HOLMFIRTH HARRIERS AC	01:40:15	01:39:10	177		26	2
568	105	COLIN LAMPREY	M	MV60	PENSBY RUNNERS	01:40:29	01:39:27		389	15	2
569	579	SIAN DOBSON-HUGHES	F	FSEN		01:40:36	01:39:47	178		64	
570	195	GORDON ROGAN	M	MV60	MARPLE RUNNERS	01:40:45	01:40:09		390	16	20
571	667	EMILY SAXON	F	FSEN	HYDE VILLAGE STRIDERS	01:40:47	01:39:52	179		65	5
572	127	JOHN COOKE	M	MV40		01:40:54	01:39:48		391	58	
573	368	CAROLINE AWDAS	F	FSEN		01:41:01	01:39:55	180		66	
574	26	RUTH HUNTER-LEGG	F	FV40		01:41:10	01:40:21	181		43	
575	239	DAVID WATERHOUSE	M	MV65	TNT	01:41:13	01:40:18		392	8	1
576	162	JOHN WATERTON	M	MV70	DIDSBURY RUNNERS	01:41:14	01:40:16		393	4	9
577	563	BEX BELTON	F	FV40		01:41:15	01:40:12	182		44	
578	683	JACK STURZAKER	M	MSEN		01:41:21	01:40:17		394	139	
579	395	LANA MILLIGAN	F	FV55	HYDE VILLAGE STRIDERS	01:41:22	01:40:24	183		12	6
580	112	GREGORY JAMOT	M	MSEN		01:41:22	01:40:15		395	140	
581	144	ANDREW CLARKE	M	MSEN		01:41:26	01:40:14		396	141	
582	394	CAROL KERSHAW	F	FV50	HYDE VILLAGE STRIDERS	01:41:30	01:40:32	184		23	7
583	326	CARLA OHARA	F	FSEN		01:41:32	01:40:31	185		67	
584	147	SHEILA PAICE	F	FV60		01:41:51	01:41:09	186		9	
585	471	EMILY CHAFFEY	M	MSEN	CROSSFIT PRL RUNNING TRIBE	01:41:52	01:41:08		397	142	1
586	534	THOMAS OWEN	M	MSEN		01:41:53	01:41:09		398	143	
587	245	ESTHER WHALLEY	F	FV45		01:42:04	01:41:04	187		27	
588	154	KIM LAMBERT	F	FSEN		01:42:18	01:41:15	188		68	
589	673	JANE MELLOR	F	FV45		01:42:36	01:41:36	189		28	
590	703	JENNI ARMITT	F	FV50		01:42:42	01:41:30	190		24	
591	704	SARAH HIGGINS	F	FV50		01:42:43	01:41:30	191		25	
592	543	TRICIA COLEMAN	F	FSEN		01:42:50	01:41:48	192		69	
593	697	ANNE USHER	F	FV50		01:43:01	01:42:03	193		26	
594	121	MARY ROBERTS	F	FV60		01:43:23	01:42:15	194		10	
595	446	SIMON WARD	M	MV60	TIDESWELL RUNNING CLUB	01:43:54	01:43:00		399	17	1
596	536	EMMA CARTER	F	FV45	CHORLTON RUNNERS	01:43:56	01:42:56	195		29	23
597	136	SIOBHAN GAUGHAN	F	FSEN		01:44:11	01:43:08	196		70	
598	66	FRANK ROGERS	M	MV50	BELLE VUE RACERS	01:44:19	01:43:53		400	66	9
599	233	KATE KINDER	F	FSEN	HYDE VILLAGE STRIDERS	01:44:23	01:43:30	197		71	8

600	585	JIA CHEN	F	FSEN		01:44:41	01:43:32	198		72	
601	17	ALEXIS DINSMOR	F	FV70	STOCKPORT HARRIERS & AC	01:44:51	01:43:50	199		1	15
602	458	RACHEL MYERS	F	FSEN	MARPLE RUNNERS	01:45:09	01:44:12	200		73	10
603	224	ANNA RUSSELL	F	FSEN		01:45:56	01:45:01	201		74	
604	442	JONATHAN KHOO	M	MV40		01:46:17	01:45:15		401	59	
605	441	GEMMA KHOO	F	FSEN		01:46:17	01:45:14	202		75	
606	601	EMMA ENSTON	F	FV40		01:46:18	01:45:17	203		45	
607	378	NICOLA SHORE	F	FV45	MOSSLEY RUNNING CLUB	01:47:05	01:46:02	204		30	1
608	714	JO SHUTTLEWORTH	F	FV40	CHORLTON RUNNERS	01:47:06	01:46:08	205		46	24
609	208	ANDREW BERKLEY	M	MV50	MIDDLETON HARRIERS AC	01:47:35	01:46:20		402	67	2
610	359	BRYAN O'NEILL	M	MV45	MIDDLETON HARRIERS AC	01:47:35	01:46:22		403	66	3
611	590	BRIAN QUINN	M	MV55		01:47:48	01:46:55		404	39	
612	236	JACK ADAMS	M	MSEN		01:48:21	01:47:25		405	144	
613	135	ALAN KENNEDY	M	MSEN		01:48:35	01:47:33		406	145	
614	500	CHARLOTTE HOLDEN	F	FSEN	RADCLIFFE AC	01:48:36	01:47:36	206		76	4
615	4	ANGELA OLDLAND	F	FV40		01:48:39	01:47:28	207		47	
616	412	JENNIFER ENTWISTLE	F	FV40	BURNDEN ROAD RUNNERS	01:49:07	01:47:59	208		48	2
617	529	SOPHIE WARD	F	FSEN	HYDE VILLAGE STRIDERS	01:49:39	01:48:43	209		77	9
618	425	RICHARD WHALE	M	MV65	HOLMFIRTH HARRIERS AC	01:49:39	01:48:34		407	9	2
619	140	DUNCAN CROSS	M	MV45		01:50:32	01:49:23		408	67	
620	15	SARAH HIGGINS	F	FV45		01:50:54	01:49:52	210		31	
621	324	ULRICH ELBRACHT	M	MV50		01:51:00	01:49:48		409	68	
622	249	ANNAMARIA TONIN	F	FV60		01:51:41	01:50:40	211		11	
623	519	DANIEL MCGRATH	M	MV40		01:52:07	01:51:03		410	60	
624	518	KIRSTIE MCGRATH	F	FV40		01:52:08	01:51:03	212		49	
625	414	ADRIAN SHAW	M	MV50		01:52:25	01:51:16		411	69	
626	415	MARK WORSNIP	M	MV55		01:52:25	01:51:16		412	40	
627	403	KATHERINE JACKSON	F	FV40	SWINTON RUNNING CLUB	01:52:32	01:51:19	213		50	3
628	421	ALISON COLERIDGE	F	FV50	CHORLTON RUNNERS	01:52:32	01:51:33	214		27	25
629	37	HELEN KAY	F	FV50	RADCLIFFE AC	01:53:04	01:51:57	215		28	5
630	347	JENNI ROSE	F	FV40	MARPLE RUNNERS	01:53:32	01:52:31	216		51	11
631	443	LYNSEY YEOMANS	F	FV40	MARPLE RUNNERS	01:53:32	01:52:31	217		52	12
632	531	SAMUEL ADAMS	M	MSEN		01:53:53	01:52:58		413	146	
633	145	ROBERT PARAMORE	M	MSEN		01:53:53	01:52:49		414	147	
634	575	HOLLIE PARAMORE	F	FSEN		01:53:53	01:52:50	218		78	
635	564	CHRISTIAN HARRISON-ROGERS	M	MSEN		01:54:08	01:53:13		415	148	
636	481	JONATHAN PUGH	M	MSEN		01:54:17	01:53:02		416	149	
637	397	STEPHEN ADAMS	M	MV50		01:54:22	01:53:28		417	70	
638	296	HANNAH WEST	F	FV40		01:54:59	01:54:09	219		53	
639	452	LAURA BOLDISON	F	FSEN	DAVENPORT RUNNERS	01:55:00	01:54:10	220		79	2
640	572	JOANNA BOWMAN	F	FV40		01:55:45	01:54:51	221		54	
641	528	CHERYL HONEYBOURNE	F	FV45	SWINTON RUNNING CLUB	01:56:27	01:55:15	222		32	4
642	2	STEVEN COOK	M	MV50		01:57:33	01:56:30		418	71	
643	380	ROGER ISHERWOOD	M	MV55		01:57:47	01:56:37		419	41	
644	220	AMANDA ISHERWOOD	F	FV60		01:57:47	01:56:37	223		12	
645	94	LAURA READ	F	FV40		01:57:56	01:56:52	224		55	
646	95	DANIEL PRENDERGAST	M	MV45		01:57:56	01:56:52		420	68	
647	23	LUCY WOOD	F	FSEN	OLDHAM & ROYTON H & AC	01:59:27	01:58:18	225		80	3
648	322	BETH POWELL	F	FV40	STOCKPORT HARRIERS & AC	01:59:37	01:58:29	226		56	16
649	323	MICHAEL THIRSK	M	MV65	STOCKPORT HARRIERS & AC	01:59:37	01:58:30		421	10	32

650	171	DAVID WILD	M	MV55		01:59:40	01:58:41		422	42	
651	21	KAREN STUTTARD	F	FV55	OLDHAM & ROYTON H & AC	01:59:44	01:58:36	227		13	4
652	22	JANET APPELYARD	F	FV65	OLDHAM & ROYTON H & AC	02:03:29	02:02:20	228		7	5
653	352	JESSIE BLACKBOROUGH	F	FSEN		02:06:27	02:05:15	229		81	
654	115	TREVOR FAULKNER	M	MV80	WILMSLOW RUNNING CLUB	02:10:54	02:09:37		423	1	9
655	504	DIANA POWELL	F	FV65	BRAMHALL RUNNERS	02:11:44	02:10:30	230		8	7
656	237	DEBBIE BOARDMAN	F	FV50	STOCKPORT HARRIERS & AC	02:16:40	02:15:29	231		29	17
657	67	MORAG MORGAN	F	FV70	BRAMHALL RUNNERS	02:18:43	02:17:30	232		2	8